

SWAT REGULAR COURSE

Program of Instruction

45 Days (360 Hrs)

Module 1: Course Introduction				
Day	Subject	No. of Hours	Scope of Instruction	Mode of Instruction
1	Introduction to SWAT	4	Discuss the Importance and Role of SWAT in Crisis Incidents.	Lecture
	Emergency Medical Actions	4	Discuss the Procedures in Tactical Combat Casualty Care.	Lecture/PE
2	Tactical Communications	8	Familiarize Students in Radio Handling and Operations. Hand and Arm Signal	Lecture/PE
3	Basic Safety Procedures	8	Discuss the General Gun Safety Rules and the Rules when inside the firing range.	Lecture
4	Diagnostic Firing (Secondary Weapon)	8	Conduct Diagnostic Firing to test students firing proficiency.	Lecture/PE
5	Familiarization Firing or Zeroing (Primary Weapon)	8	Supervise the Zeroing of the primary weapon of the students.	Lecture/PE
Module 2: Fundamentals of Marksmanship				
6	Pistol and Rifle Handling	8	Discuss Sight Alignment, Sight Picture, Trigger Control, Stance, Grip, Follow Through, Breathing to students.	Lecture/PE
7	Pistol and Rifle Exercise	8	Demonstrate to the students Pistol and Rifle Exercises. (Standing, Kneeling and Prone)	Lecture/PE
8	Pistol from Low Ready Position	8	Conduct of Dry Firing from Low Ready Position/Holster.	Lecture/PE
9	Rifle from Low Ready Position	8	Conduct Dry Firing from Low Ready Position.	Lecture/PE
10	Turning, Walking and Running Drills	8	Exercise students in Static, Turning and Facing drills.	Lecture/PE
11	Reloading Drills	8	Exercise students in Quick Reloading and Tactical Reloading	Lecture/PE
12	Malfunction Drills	8	Familiarize students in Rifle and Pistol Malfunctions and let them Treat Malfunctions.	Lecture/PE
13	Primary to Secondary Transition Drills	8	Exercise students in Transition Drills # 1 and 2	Lecture/PE
14-16	Primary/Secondary live fire courses	20	Record Firing	PE
	Introduction to Low Light Operations	4	Conduct of Night Firing using Lighting techniques	Lecture/PE
17	Individual Assault Techniques	8	Teach and demonstrate to the students the different assault techniques.	Lecture/PE

Module 3: Close Quarter Maneuver				
	Introduction to Close Quarter Battle	4	Discuss the Objective of the Course to the students.	Lecture
18	Principles of Assaults	2	Discuss the Principles of Assaults to the students.	Lecture
	Tactical Mind Set for Assault Force Personnel	2	Discuss the Principles of Proper Tactical Mindsets.	Lecture
19	Fundamentals of CQB	4	Discuss the Methods of CQB, Entry and Room Domination.	Lecture/PE
	Team Member's Responsibilities/Equipments	2	Discuss the SWAT Equipments, Composition, Duties and their Responsibilities.	Lecture
	Assault Phases and Reporting Procedure	2	Discuss Standard Commands and Reporting Procedures during pre-assault, while assaulting and post assault situations.	Lecture/PE
20-23	CQB Procedures	32	Discuss the Methods of Entry, Door and Room Clearing, and Kinds of Doors and Openings, and different methods of Breaching.	Lecture/PE
24-26	Introduction to Diversionary Devices	4	Familiarize students with the use of stun grenades/flash bang sand smoke grenades	Lecture/PE
	Hallway and Stairwells	16	Discuss and demonstrate Dynamic CQB in Hallways, Dynamic CQB in Stairwells, and Stairwells Clearing (going up, going down)	Lecture/PE
	Handcuffing Techniques	4	Demonstrate Proper Handcuffing Techniques (standing, kneeling and prone position)	Lecture/PE
27-29	High Risk Vehicular Stop	4	Discuss the procedures in an High Risk Vehicular Stops Discuss the procedures in conducting Checkpoints and Chokepoints	Lecture/PE
	Bus Assault/Train Assault	20	Discuss and demonstrate how to assault a bus or train (with Mechanical and Explosive Breaching)	Lecture/PE
30-32	Rapelling Techniques	24	Demonstrate Rapelling Techniques to students. (lizard rapel, sit hip rapel, run down rapel and window clearing using sit hip rapel)	Lecture/PE
33	Ballistic Breaching/Shotgun Familiarization	8	Discuss Shotgun Mechanisms. Conduct of Breaching/ Firing using Shotgun.	Lecture/PE
Module 4: Introduction To Crisis Management				
34	Crisis Management	8	Discuss and define Crisis Management, role of SWAT in	Lecture

			the crisis management committee, Containment, Hostage Negotiation and Crisis Management Committee Composition.	
Module 5: Mission Planning				
35-36	Combat Plans and Orders	2	Discuss different kinds of plans and orders. (Warning Orders, Operational Plan, Operational Order)	Lecture
	Mission Planning Step 1&2	4	Familiarize with Step 1 and 2 in Mission Planning	Lecture
	Mission Planning Step 3, Course Action Analysis	4	Familiarize with Step 3 in Mission Planning. (Course Action Analysis and Development)	Lecture
	COA Comparison and COA Selection	2	Compare courses of action and familiarize students in COA selection.	Lecture
	Development and Approval of OPLAN	4	Discuss SMEAC with Attachments and how to Execute the OPORD.	Lecture
37	Table Top Exercise	8	Conduct Scenario Exercise.	PE
Module 6: Field Training Exercise				
38-45	Field Training Exercise	64	Conduct the students FTX.	PE
Total Number of Hours		360		

Daily Training Schedule

45 Days (360 Hrs)

DAY 1

Time	Subject	Mode Of Instruction
0800H-0900H	Opening Ceremony	
0900H-1200H	Course Overview and Orientation, Training objectives and Parameters, Introduction to SWAT	Lecture
	Lunch Break	
1300H-1700H	Emergency Medical Actions	Lecture/PE

DAY 2

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Tactical Communications	Lecture/PE
	Lunch Break	
1300H-1700H	Hand Arm Signal	Lecture/PE

DAY 3

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Fundamentals of Marksmanship	Lecture
	Lunch Break	
1300H-1700H	Basic Safety Procedures	Lecture/PE

DAY 4

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Diagnostic Firing (Secondary Firing)	Lecture
	Lunch Break	
1300H-1700H	Diagnostic Firing (Secondary Firing)	Lecture/PE

DAY5

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Familiarization Firing or Zeroing (Primary Weapon)	Lecture
	Lunch Break	
1300H-1700H	Familiarization Firing or Zeroing (Primary Weapon)	Lecture/PE

DAY6

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Pistol and Rifle Handling/ Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Pistol and Rifle Handling/ Dry Fire	Lecture/PE

DAY 7

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Pistol and Rifle Exercise/Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Pistol and Rifle Exercise/Dry Fire	Lecture/PE

DAY 8

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Pistol from holster /Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Pistol from holster/Live Fire	Lecture/PE

DAY 9

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Rifle from Low Ready Position/Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Rifle from Low Ready Position/Live Fire	Lecture/PE

DAY 10

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Phasing Drills/ Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Phasing Drills / Live Fire	Lecture/PE

DAY11

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Reloading Drills/ Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Reloading Drills/ Live Fire	Lecture/PE

DAY12

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Malfunction Drills/ Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Malfunction Drills/ Live Fire	Lecture/PE

DAY13

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Primary to Secondary Transition Drill/ Dry Fire	Lecture
	Lunch Break	
1300H-1700H	Primary to Secondary Transitions Drill/ Live Fire	Lecture/PE

DAY14

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Primary/Secondary live fire courses	Lecture
	Lunch Break	

1300H-1700H	Primary/Secondary live fire courses	Lecture/PE
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DAY15

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Scenario base live fire courses	Lecture
	Lunch Break	
1300H-1700H	Scenario base live fire courses	Lecture/PE
1900H-2300H	Introduction to Low Light Operations	Lecture/PE

DAY16

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Individual Assault Techniques	Lecture
	Lunch Break	
1300H-1700H	Individual Assault Techniques	Lecture/PE

DAY17

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Introduction to Close Quarter Battle, Principles of Assaults	Lecture
	Lunch Break	
1300H-1700H	Tactical Mind Set for Assault Force Personnel	Lecture/PE

DAY18

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Fundamentals of CQB	Lecture
	Lunch Break	
1300H-1700H	Team Member's Responsibilities, Assault Phases and Reporting Procedures	Lecture/PE

DAY19

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	CQB Procedures and Entry	Lecture
	Lunch Break	
1300H-1700H	CQB Exercises	Lecture/PE

DAY 20

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	CQB Exercises	Lecture
	Lunch Break	
1300H-1700H	CQB Room Entry Live Firing	PE

DAY 21

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	CQB Room Entry Live Firing	PE
	Lunch Break	
1300H-1700H	CQB Room Entry Live Firing	PE

DAY 22

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	CQB Room Entry Live Firing	PE
	Lunch Break	
1300H-1700H	CQB Room Entry Live Firing	PE

DAY 23

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	Introduction to Diversionary Devices	Lecture
	Lunch Break	
1300H-1700H	Hallway and Stairways	Lecture/PE

DAY 24

Time	Subject	Mode Of Instruction
0800H-1200H	Stairways Assault Exercises	Lecture
	Lunch Break	
1300H-1700H	Hallways Live Firing	PE

DAY 25

Time	Subject	Mode Of Instruction
0800H-1200H	Hallways Clearing with Live Firing	PE
	Lunch Break	
1300H-1700H	Police Intervention Techniques, Handcuffing Techniques	Lecture/PE

DAY 26

Time	Subject	Mode Of Instruction
0500H-0600H	Physical Training	
0800H-1200H	High Risk Vehicular Stop	Lecture
	Lunch Break	
1300H-1700H	Bus Assault / Train Assault	Lecture/PE

DAY 27

Time	Subject	Mode Of Instruction
0800H-1200H	Train Assault	Lecture/PE
	Lunch Break	
1300H-1700H	Train Assault	Lecture/PE

DAY 28

Time	Subject	Mode Of Instruction
0800H-1200H	Bus Assault	PE
	Lunch Break	
1300H-1700H	Bus Assault	Lecture/PE

DAY 29

Time	Subject	Mode Of Instruction
0800H-1200H	Rappelling Techniques (Sit Hip Rapel)	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Rappelling Techniques (Sit Hip Rapel)	Lecture/PE

DAY 30

Time	Subject	Mode Of Instruction
0800H-1200H	Rappelling Techniques (Run Down Rapel)	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Rappelling Techniques (Lizard Rapel)	Lecture/PE

DAY 31

Time	Subject	Mode Of Instruction
0800H-1200H	Rappelling Techniques (window clearing with sit hip rapel)	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Rappelling Techniques (window clearing with lizard rapel)	Lecture/PE
	Mission Planning	
	Field Training Exercises	

DAY 32

Time	Subject	Mode Of Instruction
0800H-1200H	Shotgun Familiarization	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Shotgun Familiarization	Lecture/PE

DAY 33

Time	Subject	Mode Of Instruction
0800H-1200H	Introduction To Crisis Management	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Introduction To Crisis Management	Lecture/PE

DAY 34

Time	Subject	Mode Of Instruction
0800H-1200H	Combat Plans and Orders	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	Mission Planning Step 1&2	Lecture

DAY 35

Time	Subject	Mode Of Instruction
0800H-1200H	Mission Planning Step 3, Course Action Analysis	Lecture
1200H-1300H	Lunch Break	
1300H-1700H	COA Comparison and COA Selection Development and Approval of OPLAN	Lecture

DAY 36

Time	Subject	Mode Of Instruction
0800H-1200H	Table Top Exercise	Lecture/PE
1200H-1300H	Lunch Break	
1300H-1700H	Table Top Exercise	Lecture/PE

DAY 37

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 38

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE

1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 39

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 41

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 42

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 43

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 44

Time	Subject	Mode Of Instruction
0800H-1200H	Field Training Exercises	PE
1200H-1300H	Lunch Break	
1300H-1700H	Field Training Exercises	PE

DAY 45

Time	Subject	Mode Of Instruction
0800H-1200H	Closing Ceremony	